## A Complimentary Speaker Series Western Let's Talk About Building together for shild and youth mental health.

## Working together for child and youth mental health: teachers, schools and families

Presenter:	Dr. Susan Rodger, Associate Professor & Psychologist,
	Faculty of Education
Date & Time:	Wednesday, November 19, 2014 at 7:00 pm
Location:	Althouse Building (1137 Western Road), Room 1139 (Community Room)

## \* Free Parking Will be Available \*

RSVPs not required, but appreciated: http://www.edu.uwo.ca/research/letstalkeduc.html



Photo adapted from Hamner Fotos via Flickr: http://tinyurl.com/oz6wk8e

The statistics indicate that 1 in 5 Canadian children will experience a mental health disorder, and many more will experience mental health distress. One of the greatest challenges is access to care: only 1 in 5 children who need mental health care will receive it through the health care system. Having good mental health is important for good outcomes at home and at school, and schools and teachers are now on the 'front lines' of mental health. In this session we will talk about some of the challenges and opportunities for schools, teachers and families to work together to support child and youth mental health, and explore the ways in which we can all participate in creating powerful and positive relationships that can help make a difference.